

New York 30+ Travel Guide & Activities



New York is a city which needs no introduction; you already know about its famous skyline, Central Park, Wall Street, Broadway and inhabitants from every walk of life and corner of the world. Not so much a 'melting pot', but a 'salad bowl' of cultures, colours and sounds. There's no other city like this in America or the world.

COST OF LIVING

Coffee/Cappuccino (Starbucks)	\$3.50-\$5.00
Bottle of water/soda (0.33 liter)	\$1.00-\$2.50
Fast-Food combo meal	\$6.00-\$12.00
Meal, inexpensive restaurant	\$15.00-\$25.00
Fitness club (monthly, 1 adult)	\$35.00-\$150.00
Public transport (local transport)	\$2.75 (one-way)
Public transport (monthly pass)	\$121.00-\$130.00

MEDICAL

If you are not at school and are in an emergency you can call 911 for ambulance, fire department or police department from any telephone or call the school's emergency number +1 347-567-3843.

If you need to see a doctor when the school is closed, the following clinics are open and close to EC New York:

Duane Reade Immediate Walk-In Medical Care

You do not need to make an appointment and they have locations all over New York.

Docs Walk-In

You do not need to make an appointment. They are open Mon-Thur 8am-8pm, Fri 9am-7pm, Sat 9am-3pm and Sun 9am-2pm.

Make sure that the doctor you are visiting accepts your insurance. If the doctor has any questions about your insurance protection, ask him or her to call the insurance company directly.

We do not recommend going to the emergency room unless it is a major emergency. Emergency Room visits are extremely expensive in the United States.

DRIVING AGE

The legal driving age in New York City is 18. Most rental companies require that you be at least 25 years old, have an international driving license, a second form of identity and a major credit card.

ALCOHOL AGE

Legal age for purchasing or consuming alcohol in the US is 21 and many places will ask for identification.

SMOKING LAWS

Smoking indoors is illegal. To buy cigarettes, you must be 18 years of age or older and must show identification.

COUNTRY LAWS

HEALTH & INSURANCE REQUIREMENTS

All EC students must be covered by health insurance for the entire length of their stay in the U.S.

ELECTRICITY

110 V; 60Hz - 2 flat-pin plug or third round pin are used.

TAP WATER - DRINKABLE!

Tap water is safe unless there's a sign to the contrary.

